BehaviorSpan
Founded in 2015

August 2026

NEWSLETTER

Dear Parents and Guardians,

Happy August from all of us at BehaviorSpan! We hope your family has enjoyed a wonderful summer. This month, we're sharing upcoming events, and helpful resources as we continue working together to celebrate every success—big and small. If you have questions, please reach out to our scheduling number:
Phone: (720) 335-5613

Clinical Corner

Consistency is one of the most important factors in helping your child make meaningful progress in Applied Behavior Analysis (ABA) therapy. Children learn best when they receive the same expectations, support, and responses across different people and environments. When parents, caregivers, therapists, and teachers work together consistently, children are more likely to develop new skills and maintain them over time.

Why Is Consistency Important?

Builds New Skills

Children learn through repetition and practice. Using the same teaching strategies and reinforcing desired behaviors consistently helps your child understand what is expected and increases the likelihood that those behaviors will continue.

Reduces Challenging Behaviors

When expectations and responses remain consistent, children experience less confusion. Predictable routines and consistent consequences help reduce challenging behaviors by teaching appropriate alternatives.

Promotes Independence

Practicing skills regularly at home and in the community helps children become more confident and independent. Daily opportunities to use new skills strengthen learning and make those skills more natural over time.

Encourages Generalization

A skill learned during therapy is most valuable when it can be used in everyday life. When families practice the same strategies at home, children are better able to apply what they have learned across different settings, people, and activities.

How Parents Can Support Consistency

- Follow the strategies discussed during parent training sessions.
- Reinforce appropriate behaviors with praise or preferred rewards.
- Maintain predictable routines whenever possible.
- Use the same expectations and language across family members.

Remember...

Progress doesn't require perfection—it requires consistency. Small, everyday efforts can lead to meaningful improvements over time. By working together and using consistent strategies, families and therapists create the best environment for children to learn, grow, and succeed.

Thank you for being an essential part of your child's ABA journey. Your consistency, patience, and commitment make a lasting difference.

Upcoming Events

- Weekly Themes
  - Week 1- All About Me
  - Week 2- Pets
  - Week 3- Feelings
  - Week 4- Senses
- August 9th- Autism Society of Colorado Sensory Bubble Bash
- Kona Shaved Ice Truck Visit at pickup!!
  - August 20th- Aurora Center
  - August 21st- Denver Center

Resource Highlight

Health First Colorado Non-Emergent Medical Transportation- If you do not have access to transportation to and from covered health care services, you may be able to get a free ride. Use the link below to learn more!